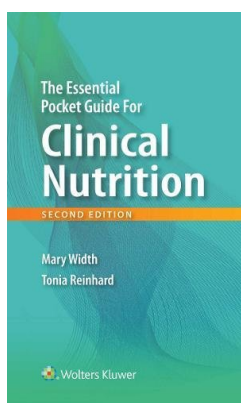


# [PDF] The Essential Pocket Guide For Clinical Nutrition

Mary Width, Tonia Reinhard - pdf download free book

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#### Books Details:

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#### Description:

Now featuring a fresh new design, the latest guidelines, the most recent information on disease and nutritional conditions, and all-new online resources, this affordable 2nd Edition of **The Essential Pocket Guide for Clinical Nutrition** is a quick-access resource ideal for dietitians, students, interns, and other health professionals who are actively engaged in clinical nutrition.

Pocket-sized and spiral bound for ease of use, this essential quick-reference resource offers immediate, need-to-know information on nutritional assessment, life stage assessment, and nutrition support, as well as nutrition considerations for specific diseases/conditions—bariatric surgery, cancer, cardiovascular disease, diabetes, gastrointestinal diseases, liver and pancreatic diseases, renal diseases, and pulmonary diseases.

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  - **A fresh new design** facilitates quick reference and table identification.
  - **An expanded "Nutrition-Focused Physical Exam" section** in the Assessment chapter covers the latest best practices.
  - **The latest nutritional guidelines** are included, including new Malnutrition Guidelines, updated Pregnancy Guidelines on weight gain, updated Cardiovascular Disease Guidelines, and updated Diabetes Guidelines.
  - **The Nestlé Mini Assessment (MNA®)**, a validated screening tool that can identify geriatric patients age 65 and above who are malnourished or at risk of malnutrition, now appears in the Older Adult chapter.
  - **Quick Reference Tables** in each chapter make essential information easy to locate.
  - **Useful Appendices** include food-drug interactions, laboratory assessment, new tables on essential minerals, dietary supplements, and the Dietary Reference Intakes, and reference materials.
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