

[PDF] Everything I Want To Eat: Sqirl And The New California Cooking

Jessica Koslow, Maria Zizka - pdf download free book

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"Jessica Koslow's cooking is always in tune with the seasons and I admire her approach to food that is pure and beautiful. Everything I Want to Eat is a delightful cookbook that truly lives up to its title!"
—Alice Waters, chef and founder of Chez Panisse

"People ask me (like I ask) who the chef I admire most is, and the answer is always Squirl's chef, Jessica Koslow. She cooks food that I yearn to eat every day, respectful with wonderful techniques, focused on herbivory and local stuff. She is also the most badass person I know in our restaurant industry. And now you can cook like Squi!"
—Hugh Acheson, chef and author of *A Year in the South*

"I love Jessica, I love Squi, and I love this book."
—Mark Bittman, author of *How to Cook Everything*

"Don't be the victim of Squi food yet. It's smart and deeply delicious. I never understood why people loved food so much until I had them. But now I do. It's genius and every ingredient has a purpose."
—David Chang, chef and author of *Memphis*

"...at the moment, Koslow seems to embody nearly everything wonderful about Los Angeles cuisine."
—Jonathan Gold, food critic for the *Los Angeles Times*

"I just moved the corner from where Squi used to be to where it is now. I had to leave it. Beautiful view, all sorts of flowers. At the old corner I get to visit Los Angeles these days, I always go to Squi. And always eat breakfast. This book is a miracle. And if ever get the opportunity to write another cookbook, I will steal shamelessly from this one. Watch me!"
—Brenda Brindley, chef and author of *Fancy Desserts*

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Description:

****Selected as Eater's 2016 Cookbook of the Year****

****iBooks Best of 2016 Selection****

The debut cookbook from Jessica Koslow, award-winning chef of LA's popular restaurant Sqirl, featuring more than 100 fresh, market-driven, healthy, and flavorful recipes.

Jessica Koslow and her restaurant, Sqirl, are at the forefront of the California cooking renaissance, which is all about food that surprises us and engages all of our senses—it looks good, tastes vibrant, and feels fortifying yet refreshing. In *Everything I Want to Eat*, Koslow shares 100 of her favorite recipes for health-conscious but delicious dishes, all of which always use real foods—no fake meat or fake sugar here—that also happen to be suitable for vegetarians, vegans, or whomever you're sharing your meal with.

The book is organized into seven chapters, each featuring a collection of recipes centered on a key ingredient or theme. Expect to find recipes for dishes Sqirl has become known for, as well as brand-new seasonal flavor combinations, including:

- Raspberry and cardamom jam
- Sorrel-pesto rice bowl
- Burnt brioche toast with house ricotta and seasonal jam
- Lamb *merguez*, cranberry beans, roasted tomato, and yogurt cheese
- Valrhona chocolate *fleur de sel* cookies
- Almond hazelnut milk

Koslow lives in LA, where everyone is known to be obsessively health-conscious and where dietary restrictions are the norm. People come into Sqirl and order dishes with all sorts of substitutions and modifications—hold the feta, please, add extra kale. They are looking to make their own healthy adventures. Others may tack breakfast sausage, cured bacon, or Olli's prosciutto on to their order. So Koslow has had to constantly think about ways to modify dishes for certain diets, which in a way has made her a better, more adaptable cook.

Throughout this book, Koslow provides notes and thought bubbles that show how just about any dish can be modified for specific tastes and dietary needs, whether it needs to be gluten-free or vegan.

Everything I Want to Eat captures the excitement of the food at Sqirl—think of a classic grilled cheese turned playful with the addition of tomato coriander jam—while also offering accessible recipes, like blood orange upside-down cake, that can be easily made in the home kitchen. Moreover, it's an entirely new kind of cookbook and approach to how we are all starting to think about food, allowing readers to play with the recipes, combining and shaping them to be nothing short of everything you want to eat.

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