

# [PDF] Adolescent Psychotherapy Homework Planner (PracticePlanners)

Arthur E. Jongsma Jr., L. Mark Peterson, William P. McInnis  
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#### Description:

- Contains 146 ready-to-copy homework assignments that can be used to facilitate brief adolescent therapy
- Homework assignments and exercises are keyed to the behaviorally based presenting

problems from *The Adolescent Psychotherapy Treatment Planner, Fifth Edition*

- Assignments are available online for quick customization

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- A quick-reference format—the interactive assignments are grouped by behavioral problems including academic underachievement, anger control problems, depression, social anxiety, and sexual abuse
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- All exercises are available online for you to download and customize to suit you and your clients' unique styles and needs

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